

Strawberry Balsamic & Toasted Almond Oil Vinaigrette

Ingredients

3 Tablespoons Strawberry Balsamic

1 teaspoon Dijon style mustard

1 teaspoon lemon juice

1/2 teaspoon salt

2 Tablespoons Toasted Almond Oil

Fresh ground pepper to taste

Method

Place all the ingredients in to a bowl and whisk. Alternately, this can be made in a blender or food processor.

Serving Suggestions:

1/3 cup slivered toasted almonds

1/3 cup crumbled feta

Sliced Strawberries

2 quarts of your favorite lettuce greens

Arrange lettuce in a bowl, drizzle with vinaigrette, sprinkle with almonds and cheese. Add your favorite protein to make it a meal.

Makes: 1 serving

Time: 5 mins

